



Le Flore County, OK

Choctaw Nation Economic Development Partnership



Choctaw Nation

Business & Economic Development

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Report Parameters

1 County

40079 Le Flore County, OK

Class of Worker

QCEW Employees, Non-QCEW Employees, and Self-Employed

The information in this report pertains to the chosen geographical area.

Economy Overview

50,036

Population (2025)

Population **grew by 1,835** over the last 5 years and is projected to **grow by 1,074** over the next 5 years.

14,383

Total Regional Employment

Jobs **decreased by 10** over the last 5 years but are projected to **grow by 0** over the next 5 years.

\$50.0K

Median Household Income (2023)

Median household income is **\$28.5K below** the national median household income of \$78.5K.

Takeaways

- As of 2025 the region's population **increased by 3.8%** since 2020, growing by 1,835. Population is expected to **increase by 2.1%** between 2025 and 2030, adding 1,074.
- From 2020 to 2025, jobs **declined by 0.1%** in Le Flore County, OK from 14,393 to **14,383**. This change **fell short of the national growth rate of 10.6% by 10.7%**. As the number of jobs declined, the **labor force participation rate decreased from 52.9% to 52.2% between 2020 and 2025**.
- Concerning educational attainment, **10.7% of Le Flore County, OK residents possess a Bachelor's Degree** (11.1% below the national average), and **10.3% hold an Associate's Degree** (1.4% above the national average).
- The top three industries in 2025 are Local Government, Excluding Education and Hospitals, Education and Hospitals (Local Government), and Restaurants and Other Eating Places.

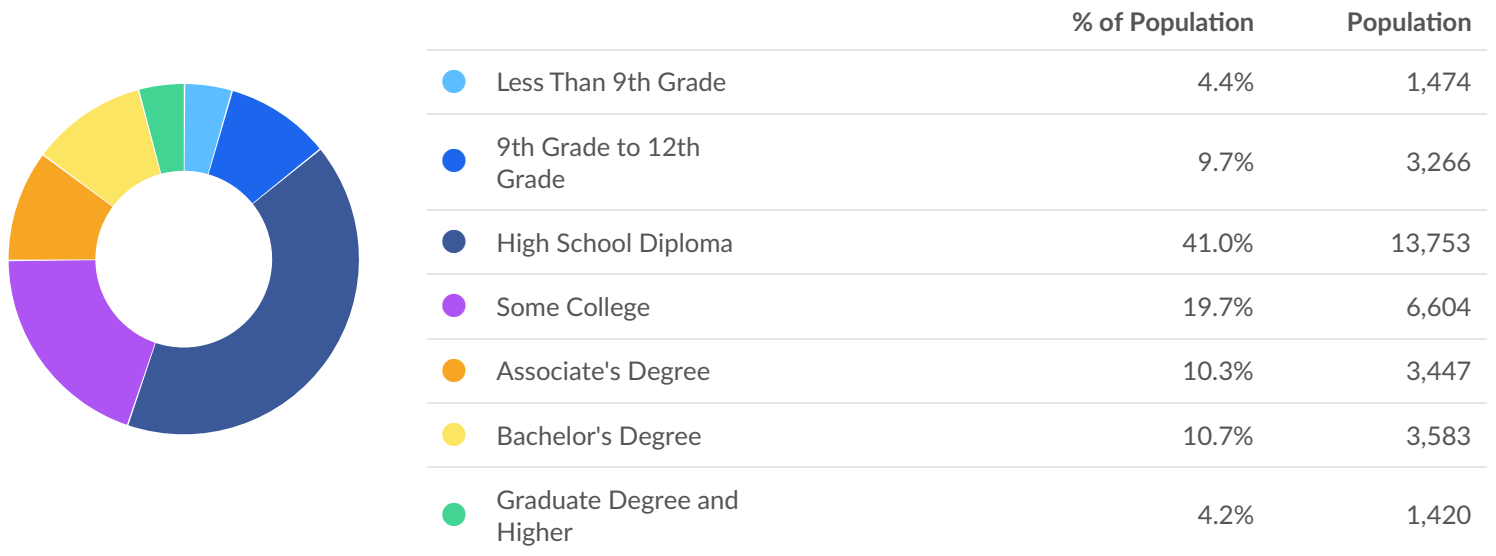
	Population (2025)	Labor Force (Dec 2025)	Jobs (2025)	Cost of Living	GRP	Imports	Exports
Region	50,036	19,694	14,383	87.5	\$1.53B	\$2.88B	\$2.01B
State	4,122,977	2,002,981	1,964,442	93.3	\$270.50B	\$266.82B	\$321.02B

Dec 2025 Labor Force Breakdown



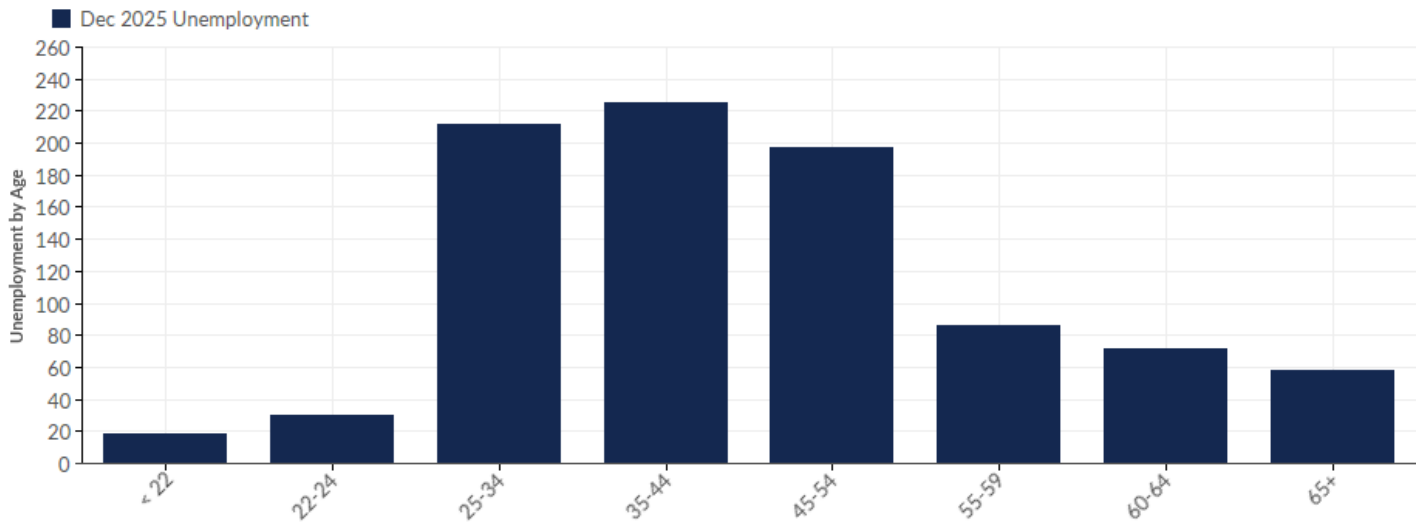
Educational Attainment

Concerning educational attainment, **10.7% of Le Flore County, OK residents possess a Bachelor's Degree** (11.1% below the national average), and **10.3% hold an Associate's Degree** (1.4% above the national average).



Unemployment by Demographics

Unemployment by Age



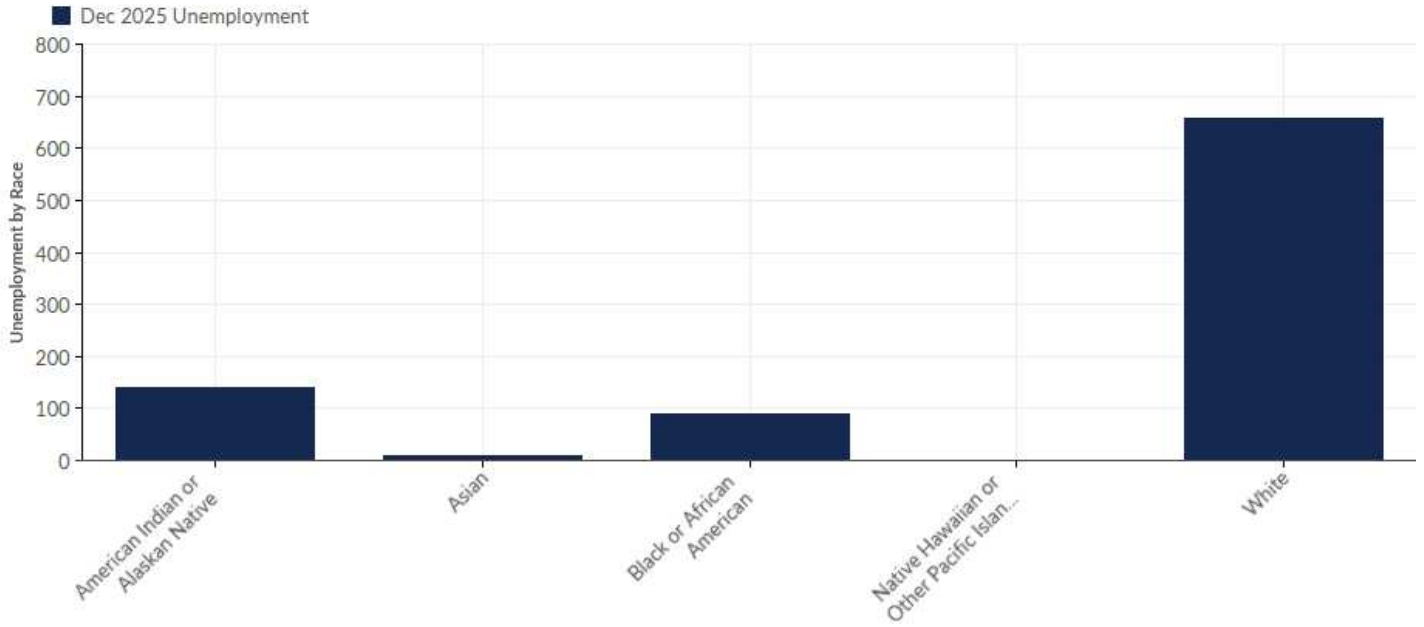
Age	Unemployment (Dec 2025)	% of Unemployed
< 22	18	2.00%
22-24	30	3.34%
25-34	212	23.61%
35-44	225	25.06%
45-54	197	21.94%
55-59	86	9.58%
60-64	72	8.02%
65+	58	6.46%
Total	898	100.00%

Unemployment by Gender



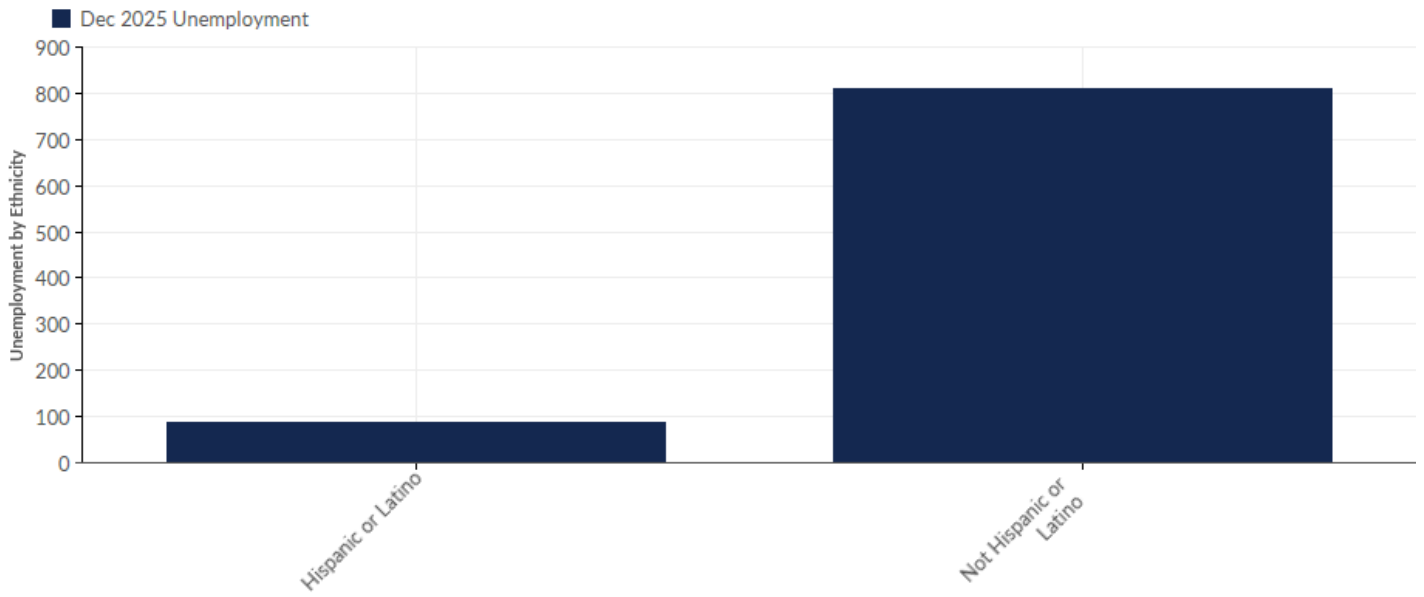
Gender	Unemployment (Dec 2025)	% of Unemployed
Females	449	50.00%
Males	449	50.00%
Total	898	100.00%

Unemployment by Race



Race	Unemployment (Dec 2025)	% of Unemployed
American Indian or Alaskan Native	141	15.70%
Asian	9	1.00%
Black or African American	91	10.13%
Native Hawaiian or Other Pacific Islander	1	0.11%
White	657	73.16%
Total	898	100.00%

Unemployment by Ethnicity

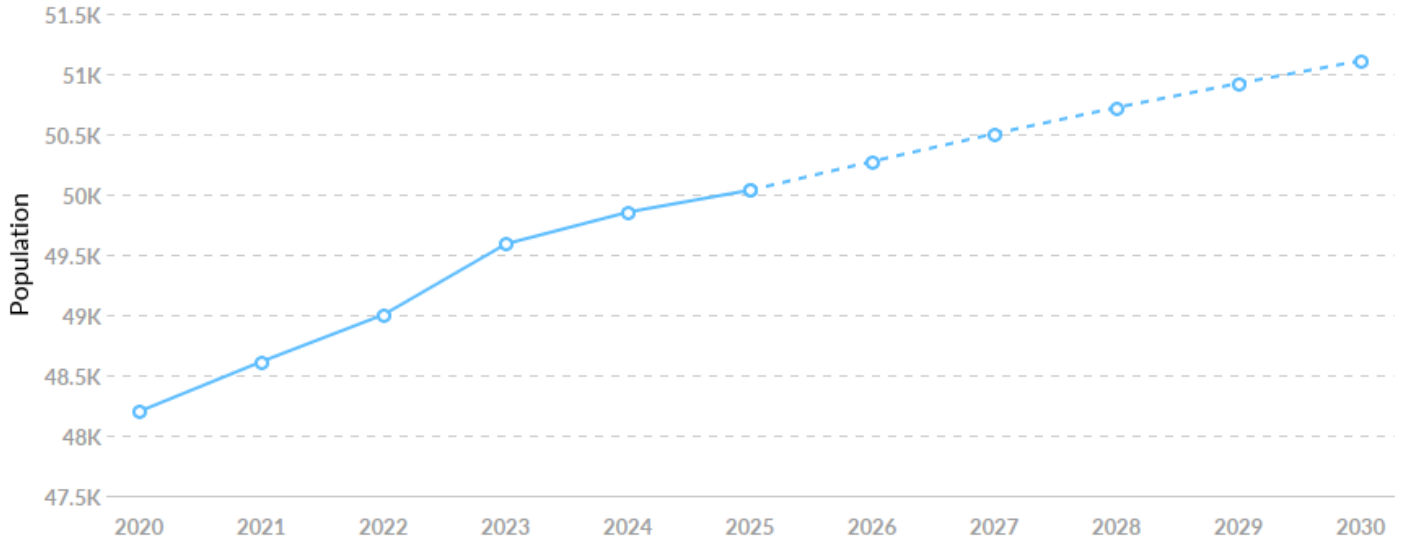


Ethnicity	Unemployment (Dec 2025)	% of Unemployed
Hispanic or Latino	88	9.80%
Not Hispanic or Latino	810	90.20%
Total	898	100.00%

Historic & Projected Trends

Population Trends

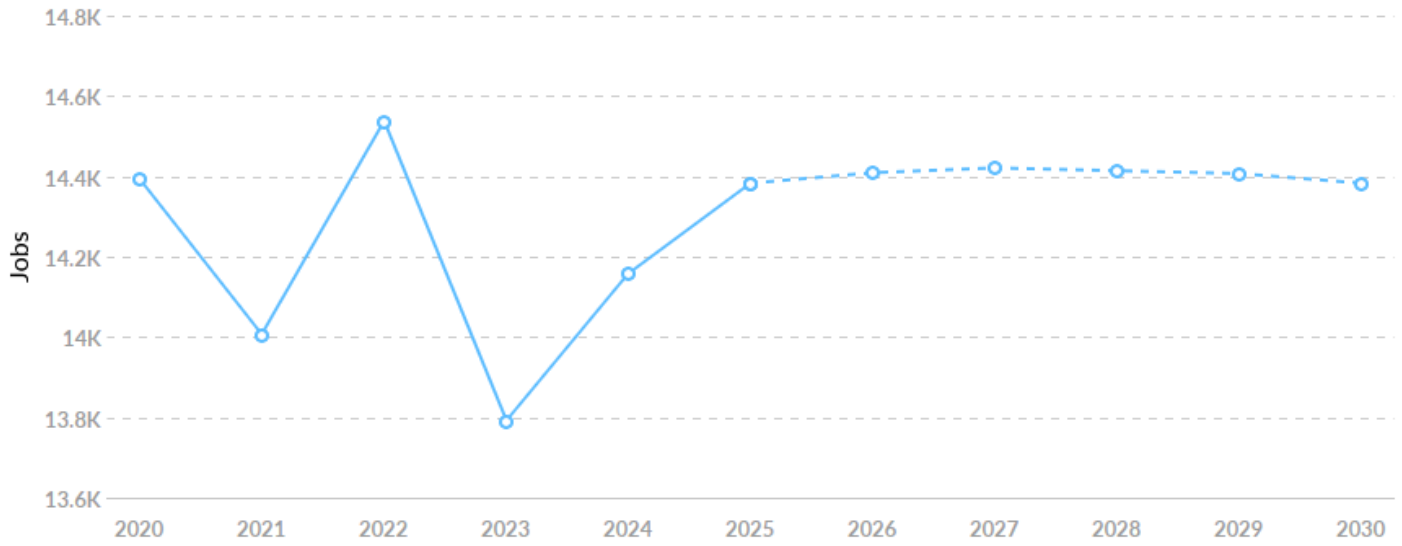
As of 2025 the region's population increased by 3.8% since 2020, growing by 1,835. Population is expected to increase by 2.1% between 2025 and 2030, adding 1,074.



Timeframe	Population
2020	48,201
2021	48,614
2022	49,004
2023	49,590
2024	49,854
2025	50,036
2026	50,275
2027	50,505
2028	50,722
2029	50,923
2030	51,110

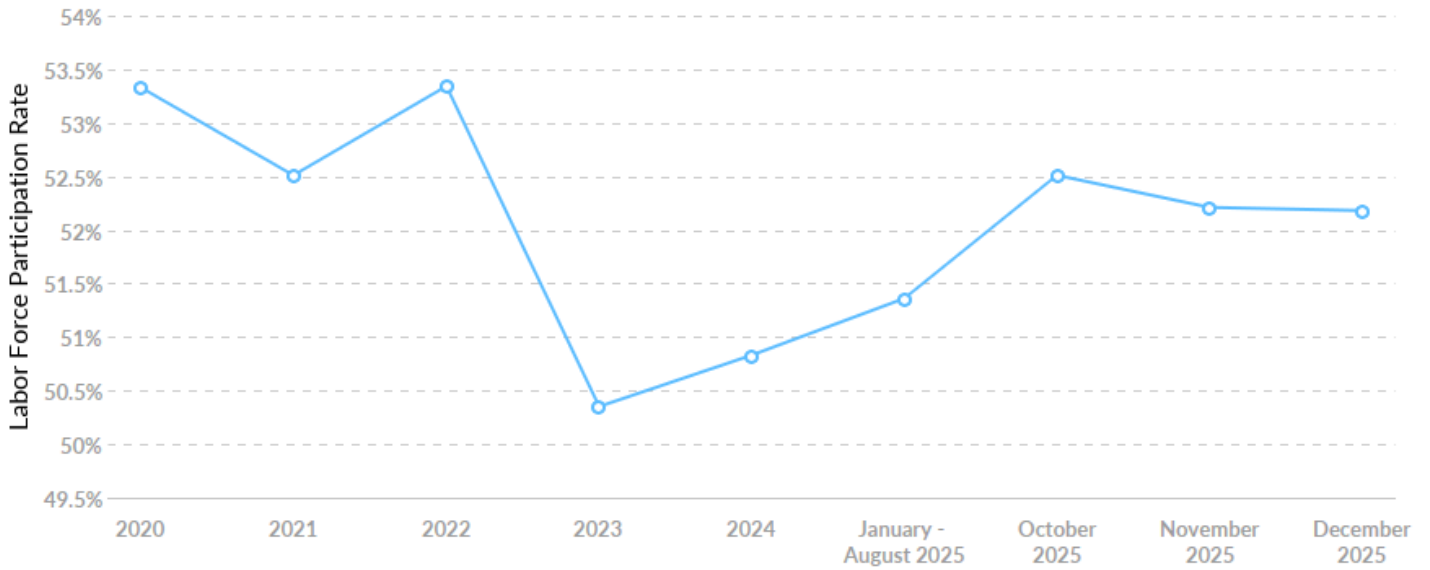
Job Trends

From 2020 to 2025, jobs declined by 0.1% in Le Flore County, OK from 14,393 to 14,383. This change fell short of the national growth rate of 10.6% by 10.7%.



Timeframe	Jobs
2020	14,393
2021	14,006
2022	14,536
2023	13,791
2024	14,158
2025	14,383
2026	14,409
2027	14,421
2028	14,414
2029	14,407
2030	14,383

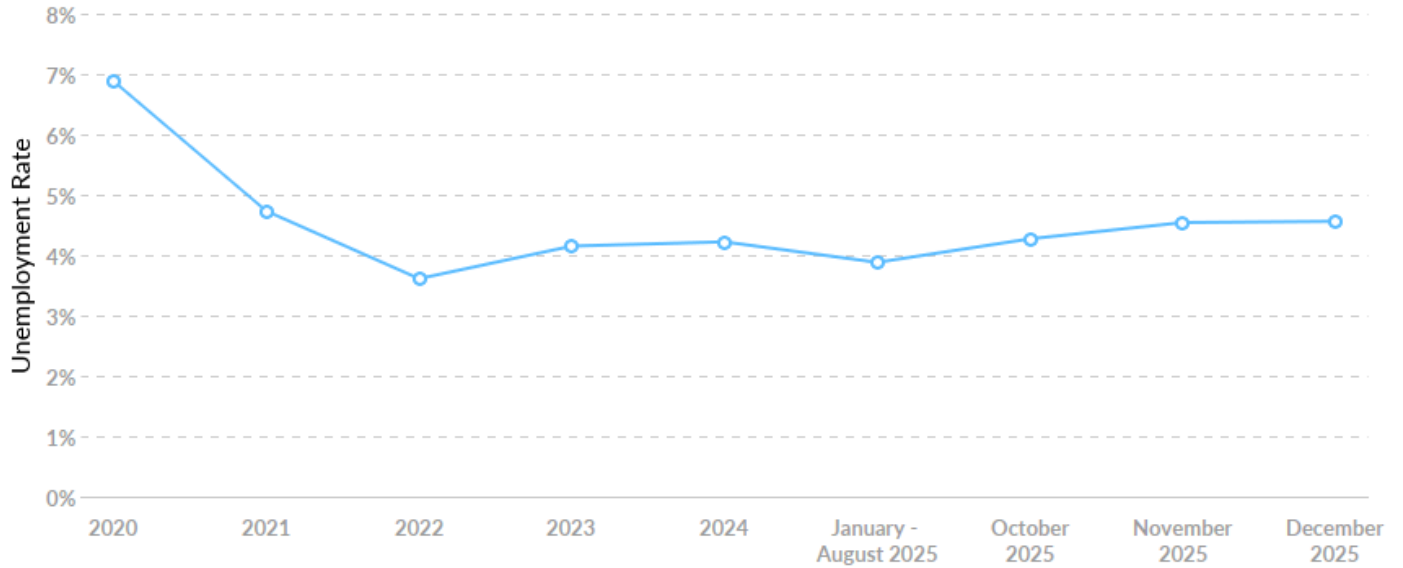
Labor Force Participation Rate Trends



Timeframe	Labor Force Participation Rate
2020	53.33%
2021	52.51%
2022	53.34%
2023	50.35%
2024	50.83%
January - August 2025	51.36%
October 2025	52.51%
November 2025	52.21%
December 2025	52.18%

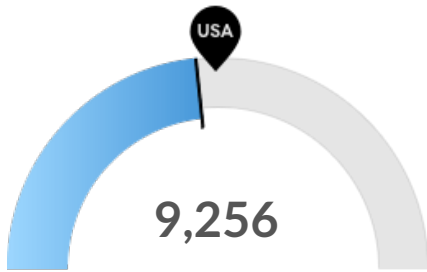
Unemployment Rate Trends

Le Flore County, OK had a December 2025 unemployment rate of 4.56%, decreasing from 6.88% 5 years before.



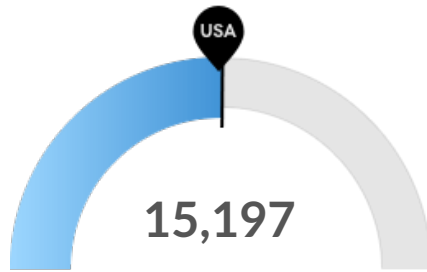
Timeframe	Unemployment Rate
2020	6.88%
2021	4.73%
2022	3.61%
2023	4.15%
2024	4.22%
January - August 2025	3.88%
October 2025	4.27%
November 2025	4.54%
December 2025	4.56%

Population Characteristics



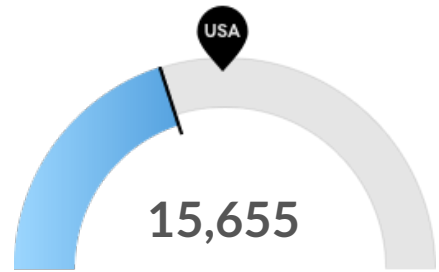
Millennials

Le Flore County, OK has 9,256 millennials (ages 25-39). The national average for an area this size is 10,206.



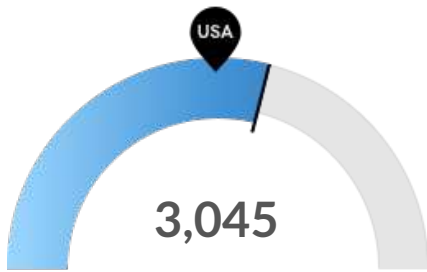
Retiring Soon

Retirement risk is about average in Le Flore County, OK. The national average for an area this size is 15,075 people 55 or older, while there are 15,197 here.



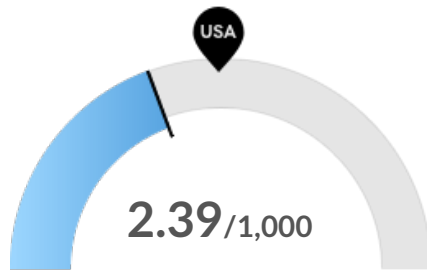
Racial Diversity

Racial diversity is low in Le Flore County, OK. The national average for an area this size is 21,207 racially diverse people, while there are 15,655 here.



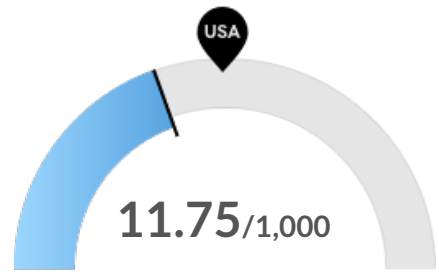
Veterans

Le Flore County, OK has 3,045 veterans. The national average for an area this size is 2,440.



Violent Crime

Le Flore County, OK has 2.39 violent crimes per 1,000 people. The national rate is 3.38 per 1,000 people.

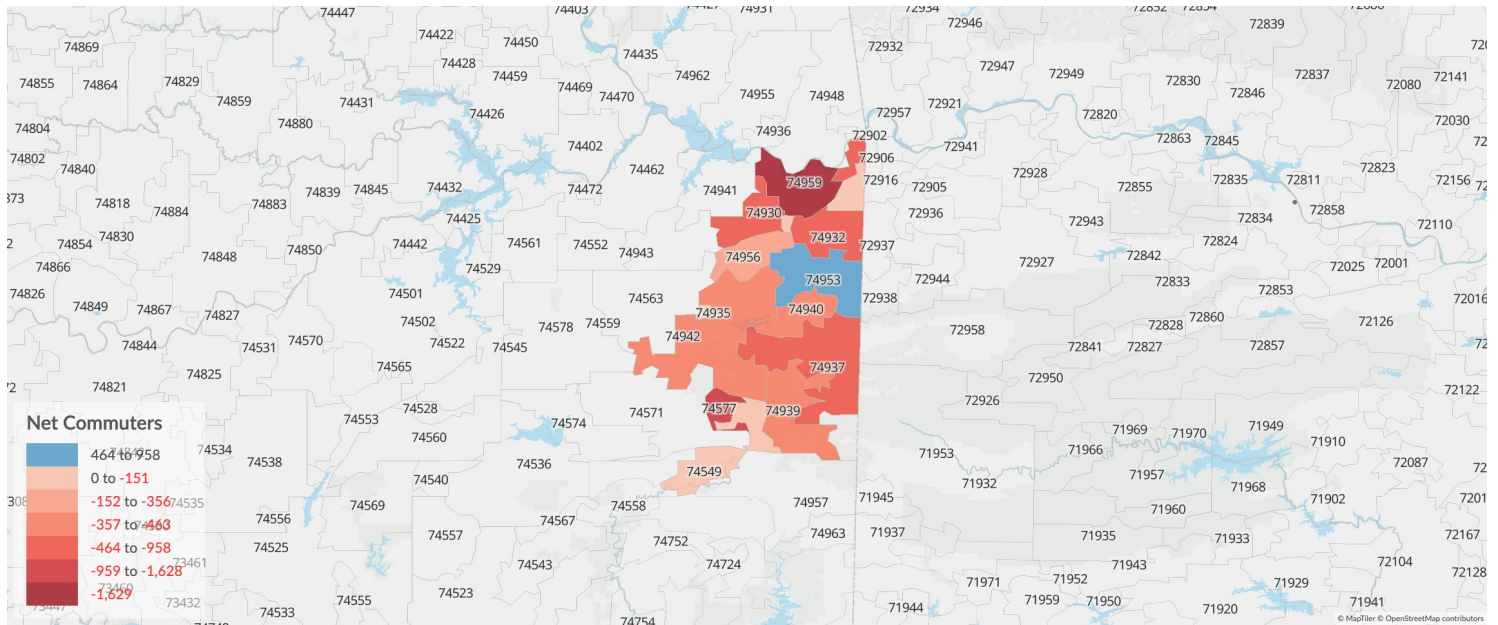


Property Crime

Le Flore County, OK has 11.75 property crimes per 1,000 people. The national rate is 16.44 per 1,000 people.

Place of Work vs Place of Residence

Understanding where talent in Le Flore County, OK currently works compared to where talent lives can help you optimize site decisions.



Where Talent Works

ZIP	Name	2025 Employment
74953	Poteau, OK (in Le Flore ...	5,824
74902	Pocola, OK (in Le Flore ...	1,895
74937	Heavener, OK (in Le Flo...	1,426
74959	Spiro, OK (in Le Flore co...	1,238
74966	Wister, OK (in Le Flore ...	988

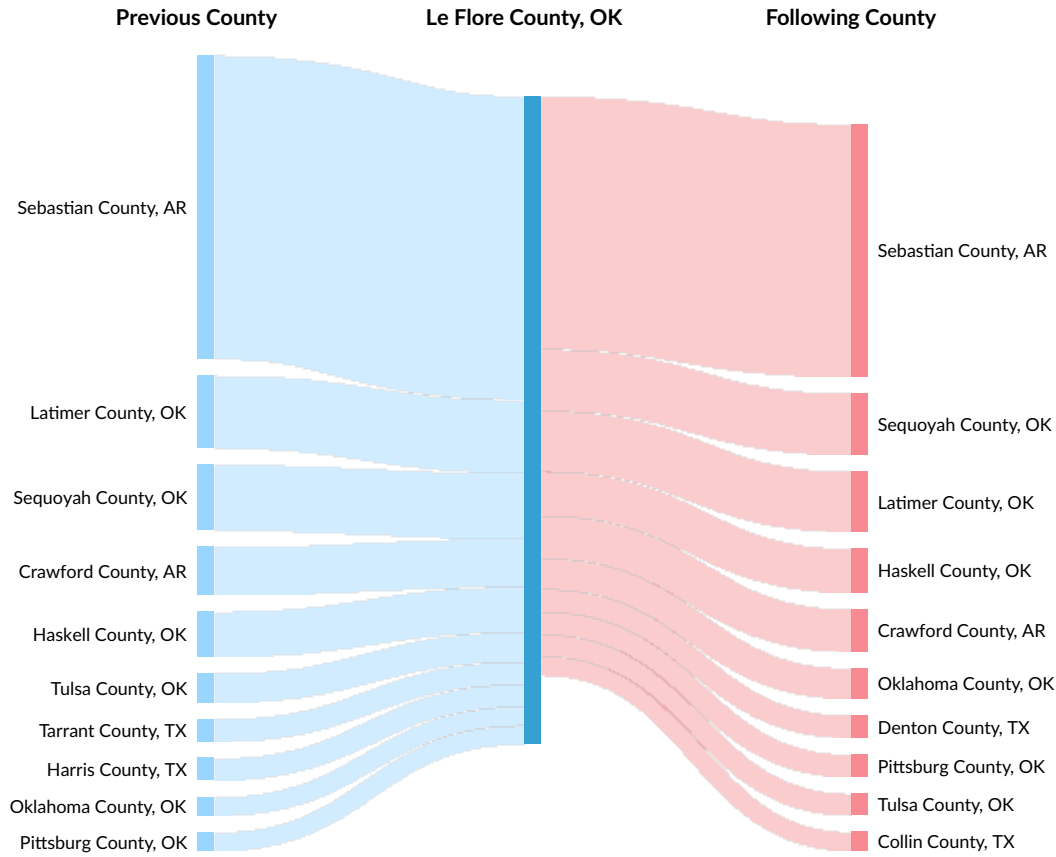
Where Talent Lives

ZIP	Name	2025 Workers
74953	Poteau, OK (in Le Flore ...	5,274
74959	Spiro, OK (in Le Flore co...	2,867
74902	Pocola, OK (in Le Flore ...	1,933
74937	Heavener, OK (in Le Flo...	1,889
74966	Wister, OK (in Le Flore ...	1,345

Inbound and Outbound Migration

The table below analyzes past and current residents of Le Flore County, OK. The left column shows residents of other counties migrating to Le Flore County, OK. The right column shows residents migrating from Le Flore County, OK to other counties.

As of 2022, 467 people have migrated from Sebastian County, AR to Le Flore County, OK. In the same year, 389 people left Le Flore County, OK migrating to Sebastian County, AR. The total Net Migration for Le Flore County, OK in 2022 was 582.

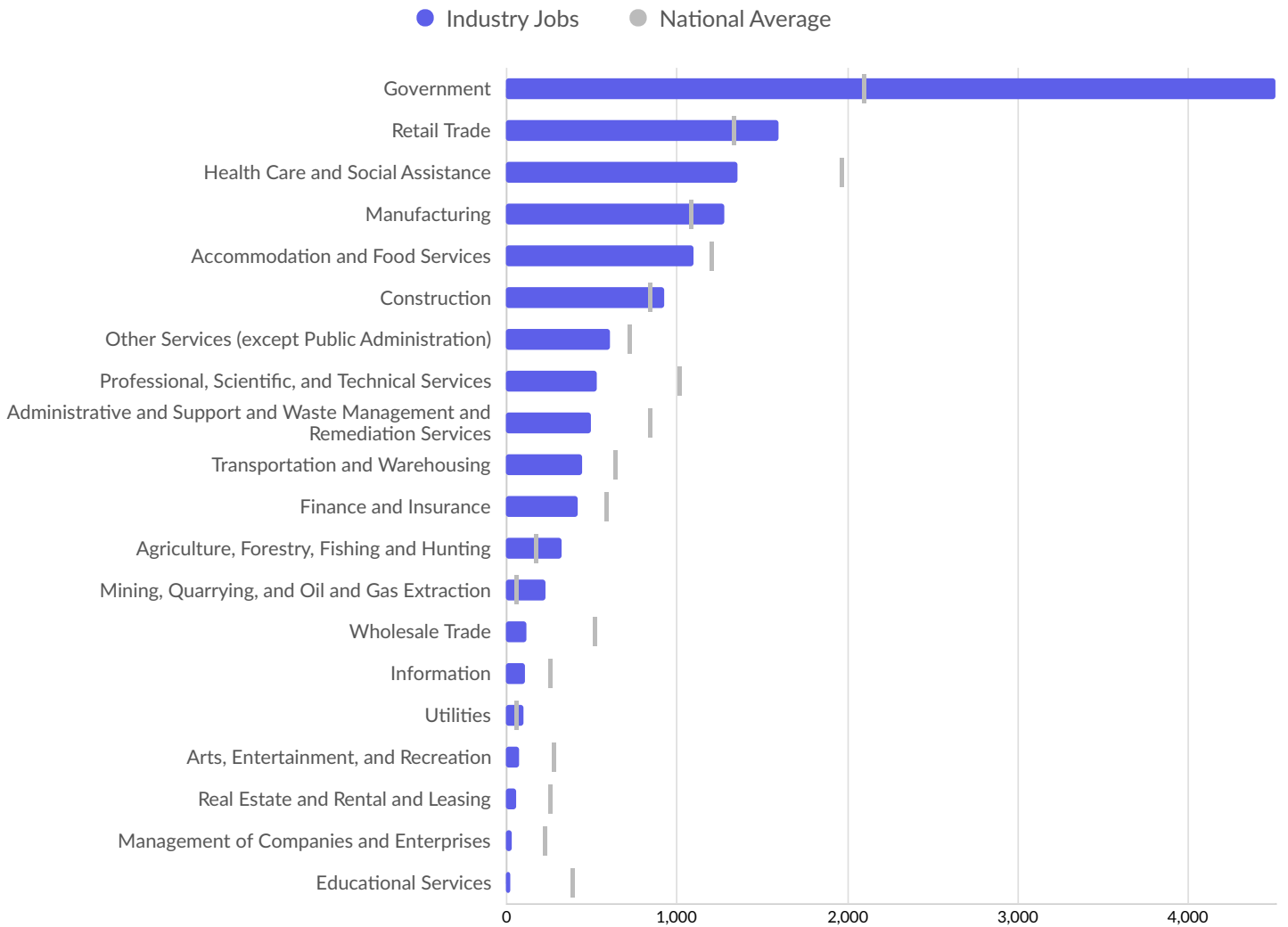


Top Previous Counties	Migrations
Sebastian County, AR	467
Latimer County, OK	112
Sequoyah County, OK	101
Crawford County, AR	74
Haskell County, OK	70
Tulsa County, OK	45

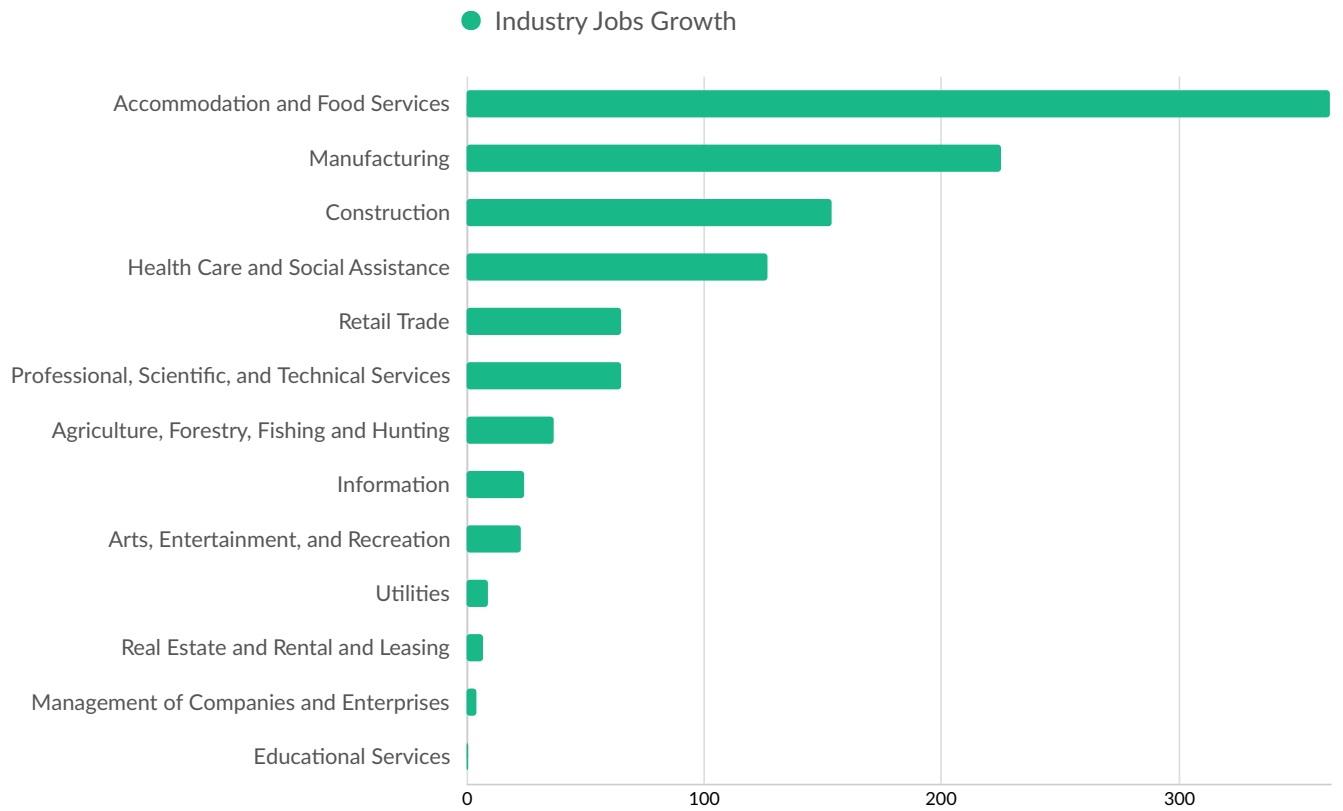
Top Previous Counties	Migrations
Tarrant County, TX	35
Harris County, TX	34
Oklahoma County, OK	29
Pittsburg County, OK	29
Denton County, TX	27
Jackson County, OR	23
Cleveland County, OK	17
Dallas County, TX	15
McClain County, OK	14
Top Following Counties	Migrations
Sebastian County, AR	389
Sequoyah County, OK	95
Latimer County, OK	93
Haskell County, OK	68
Crawford County, AR	66
Oklahoma County, OK	47
Denton County, TX	35
Pittsburg County, OK	35
Tulsa County, OK	34
Collin County, TX	30
Fort Bend County, TX	21
Jackson County, MO	20
Johnson County, KS	18
Payne County, OK	14
Dallas County, TX	13

Industry Characteristics

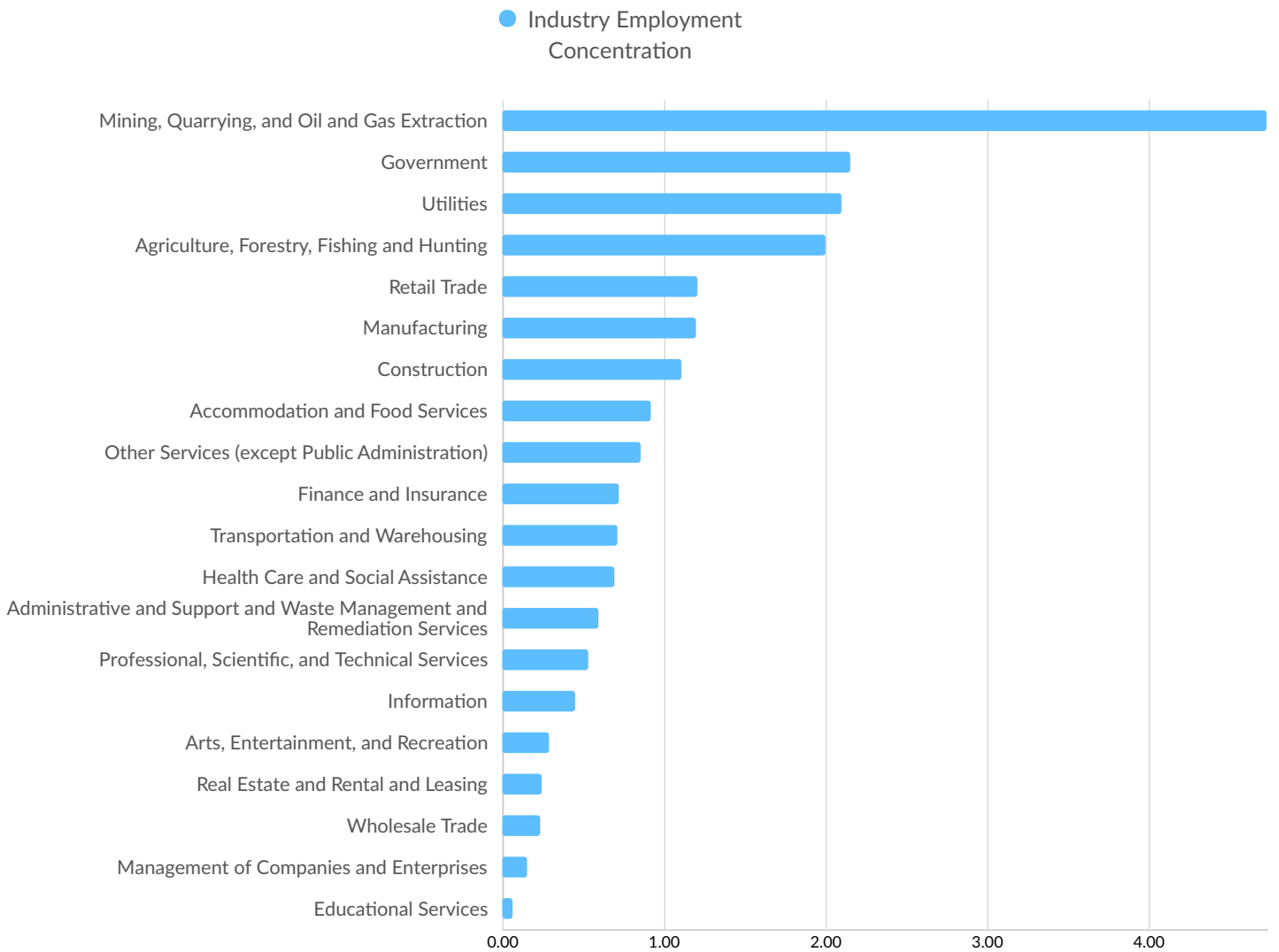
Largest Industries



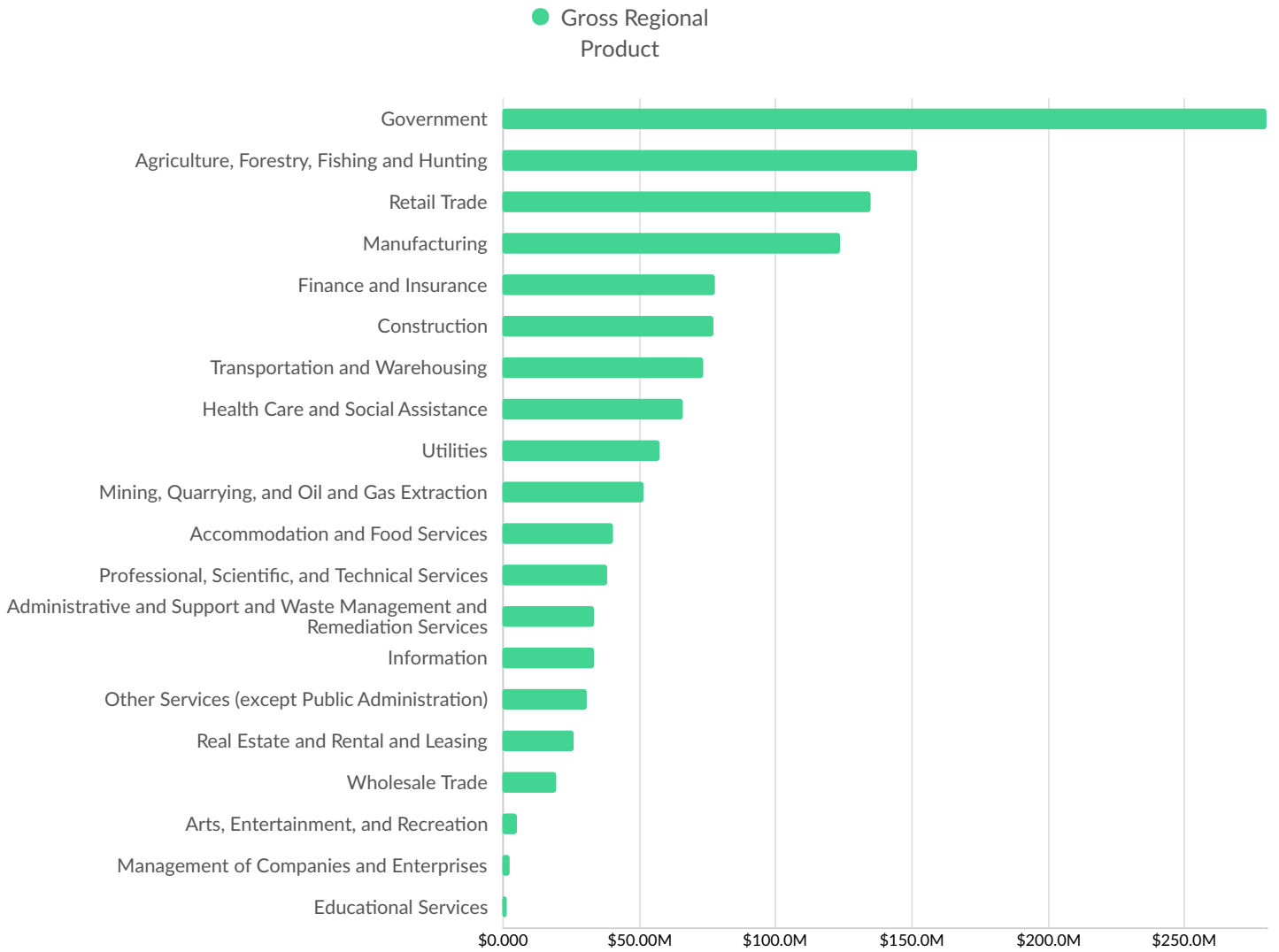
Top Growing Industries



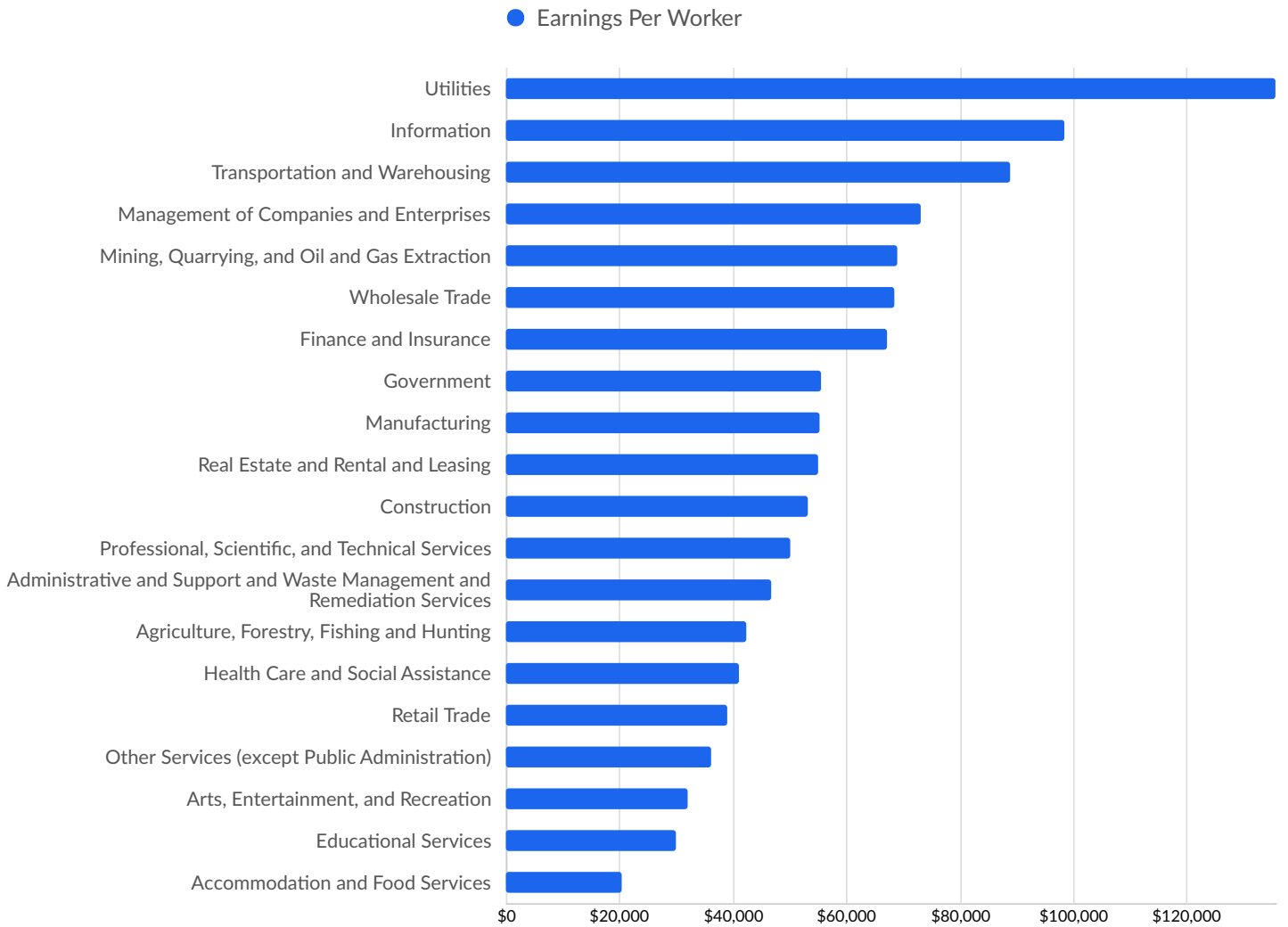
Top Industry Employment Concentration



Top Industry GRP



















Top Industry Earnings



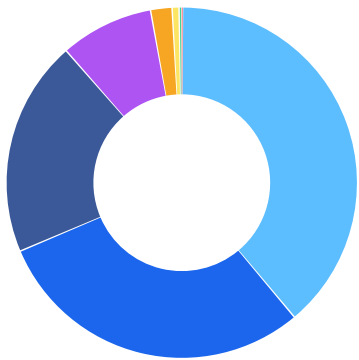
Business Characteristics

2,708 Companies Employ Your Workers

Online profiles for your workers mention 2,708 companies as employers, with the top 10 appearing below. In the last 12 months, 359 companies in Le Flore County, OK posted job postings, with the top 10 appearing below.

Top Companies	Profiles	Top Companies Posting	Unique Postings
Ok Foods	116 	Choctaw Nation Of Oklahoma	224 
Carl Albert State College	113 	Choctaw Nation Headstart	142 
Choctaw Nation Of Oklahoma	112 	Dollar General	103 
State of Oklahoma	91 	Bachoco	92 
Walmart	74 	Ok Foods	81 
Mercy	48 	Encompass Health	65 
Heavener Public Schools I 003	33 	CRH plc	39 
Southern Star	33 	Walmart	36 
Fort Smith Public Schools	29 	Mays Plus	34 
Dollar General	28 	Carl Albert State College	33 

Business Size

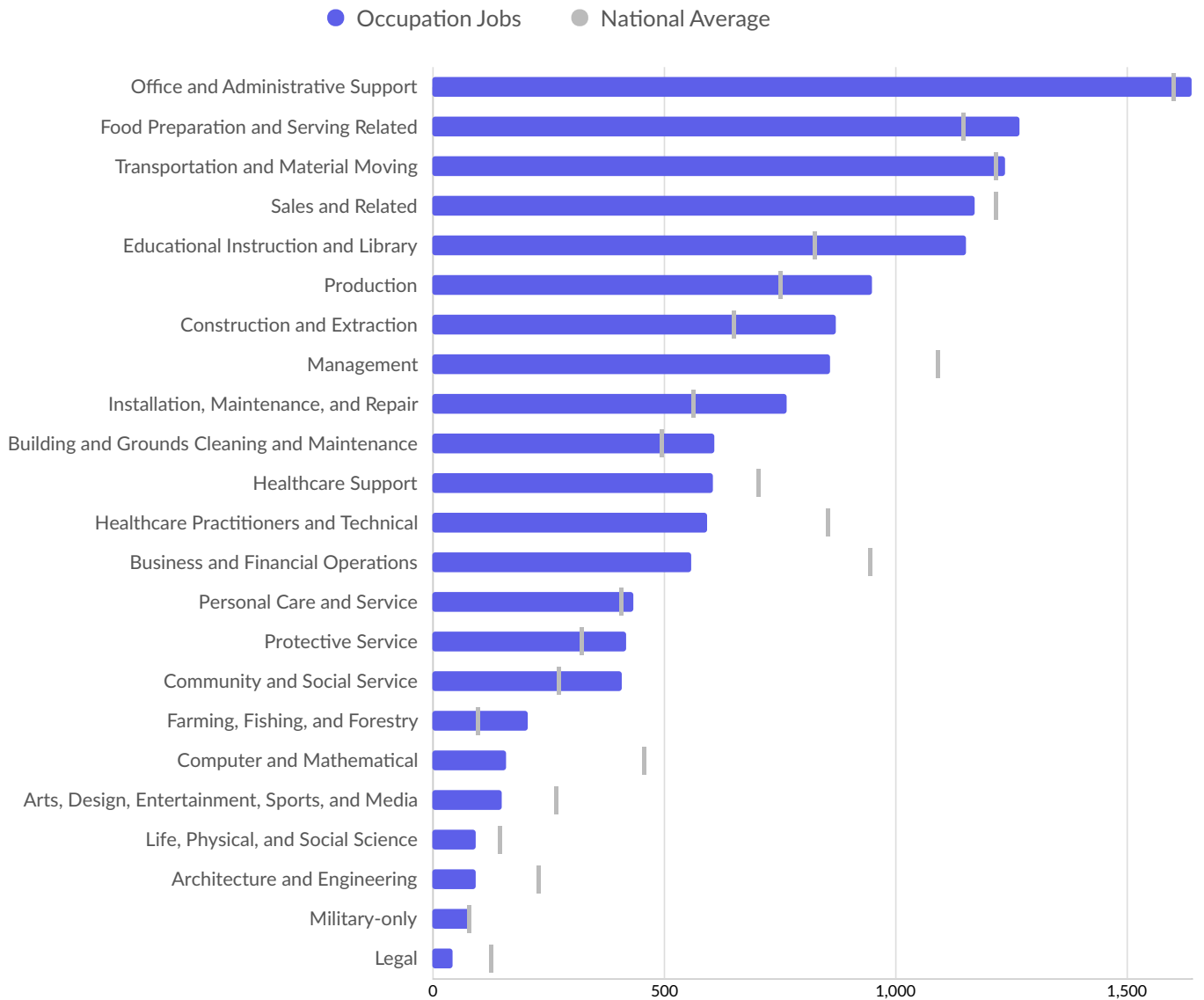


	Percentage	Business Count
● 1 to 4 employees	38.8%	610
● 5 to 9 employees	29.7%	467
● 10 to 19 employees	19.9%	313
● 20 to 49 employees	8.6%	135
● 50 to 99 employees	2.0%	31
● 100 to 249 employees	0.6%	10
● 250 to 499 employees	0.3%	4
● 500+ employees	0.1%	1

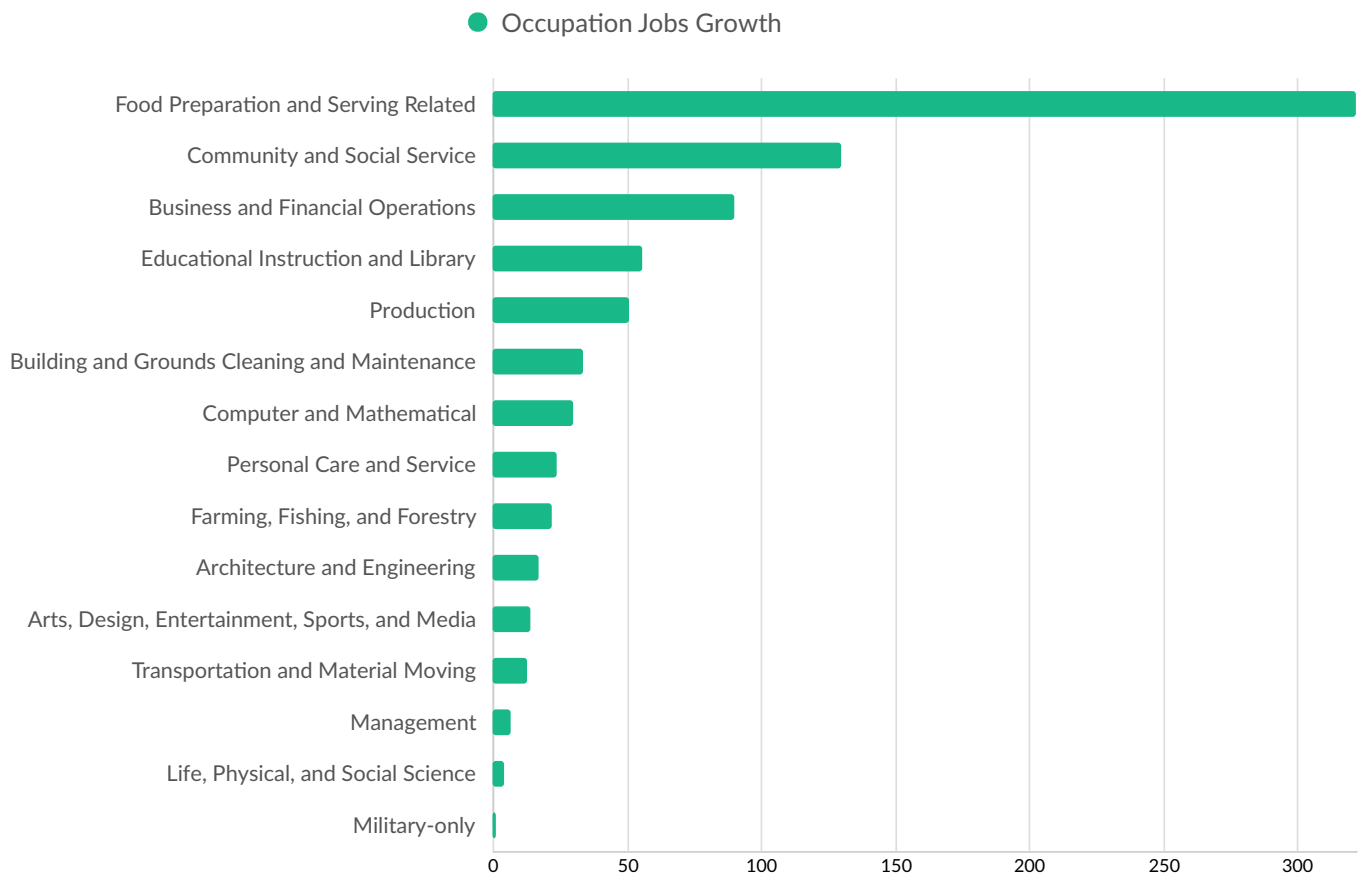
**Business Data by DatabaseUSA.com is third-party data provided by Lightcast to its customers as a convenience, and Lightcast does not endorse or warrant its accuracy or consistency with other published Lightcast data. In most cases, the Business Count will not match total companies with profiles on the summary tab.*

Workforce Characteristics

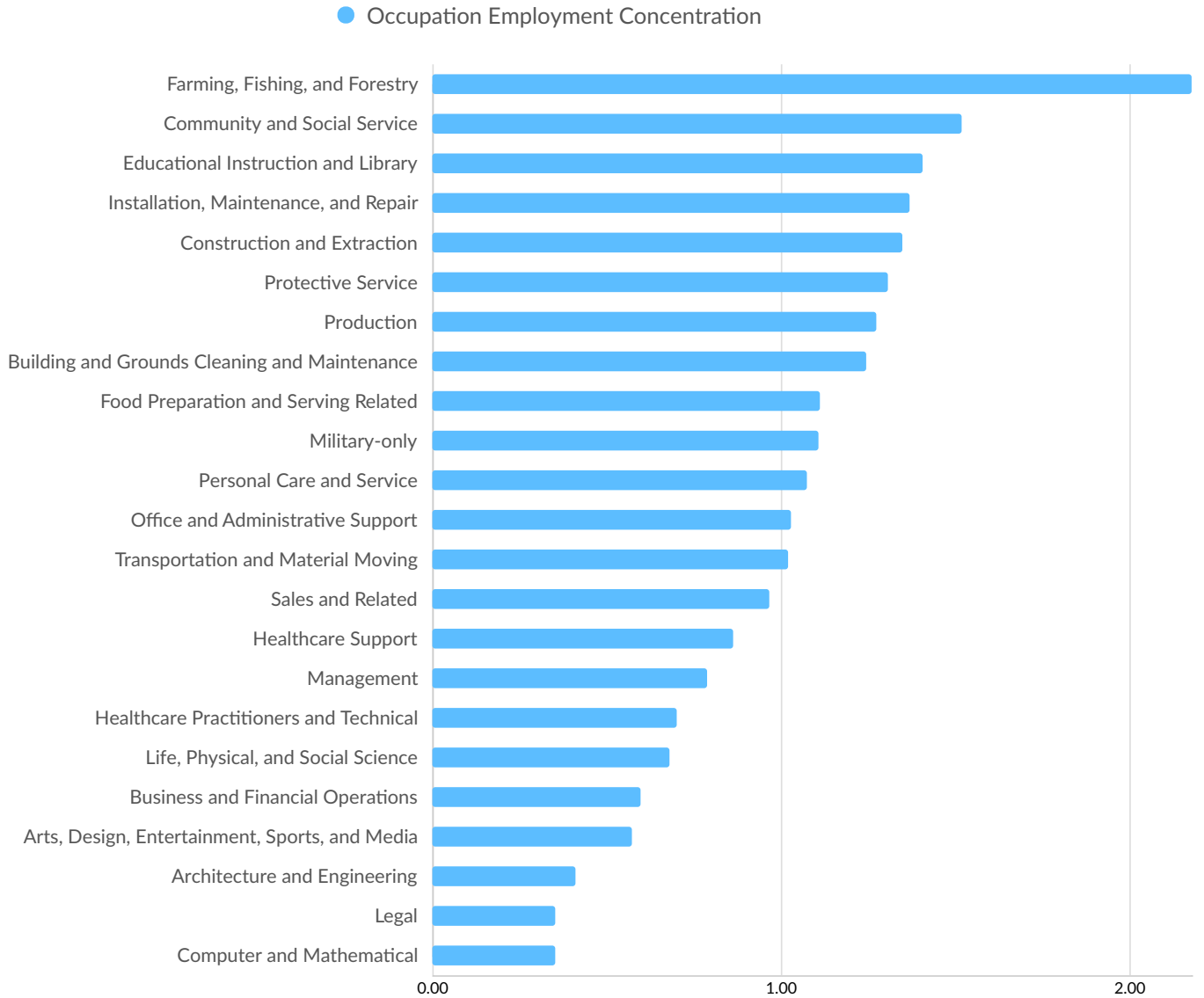
Largest Occupations



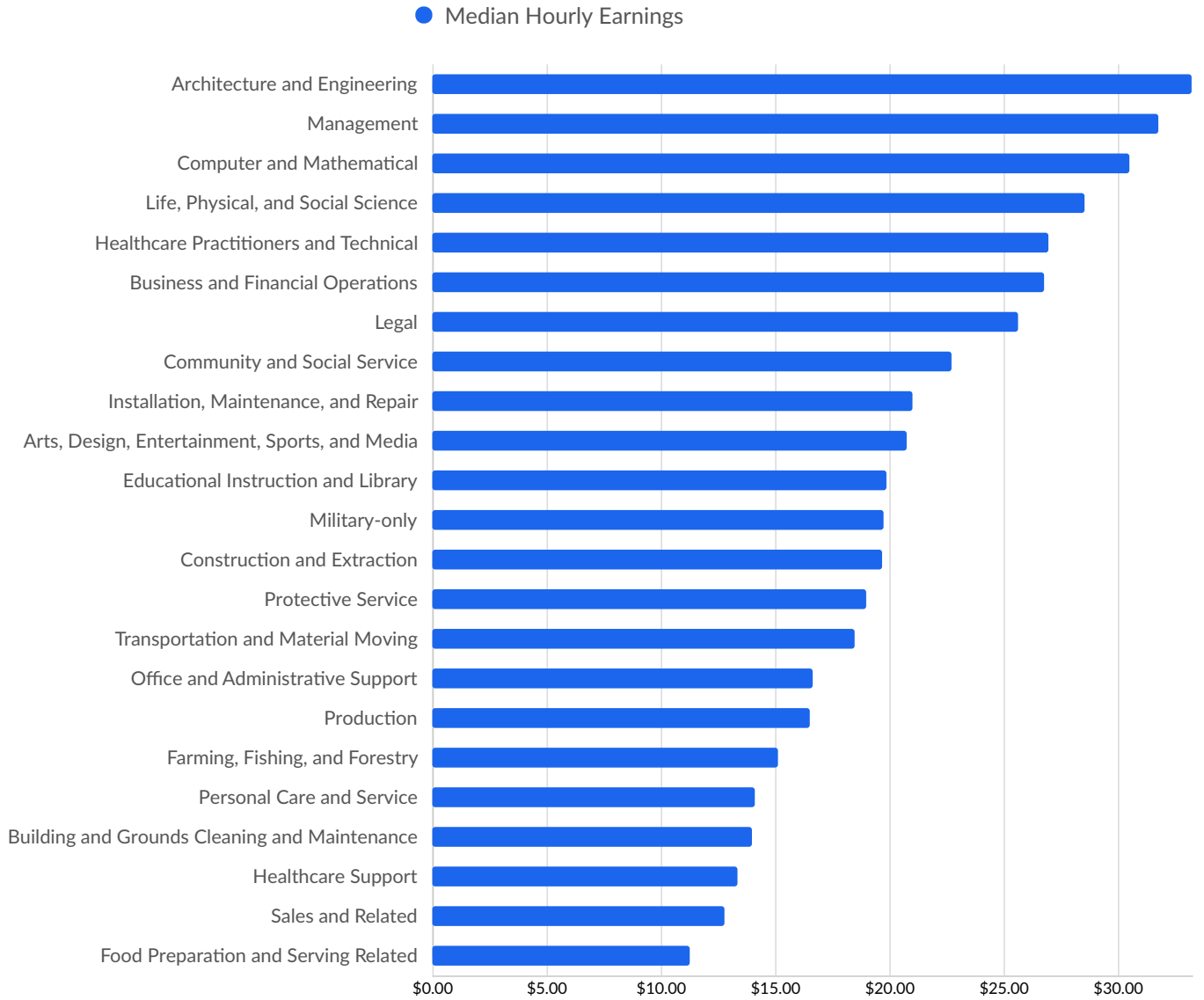
Top Growing Occupations



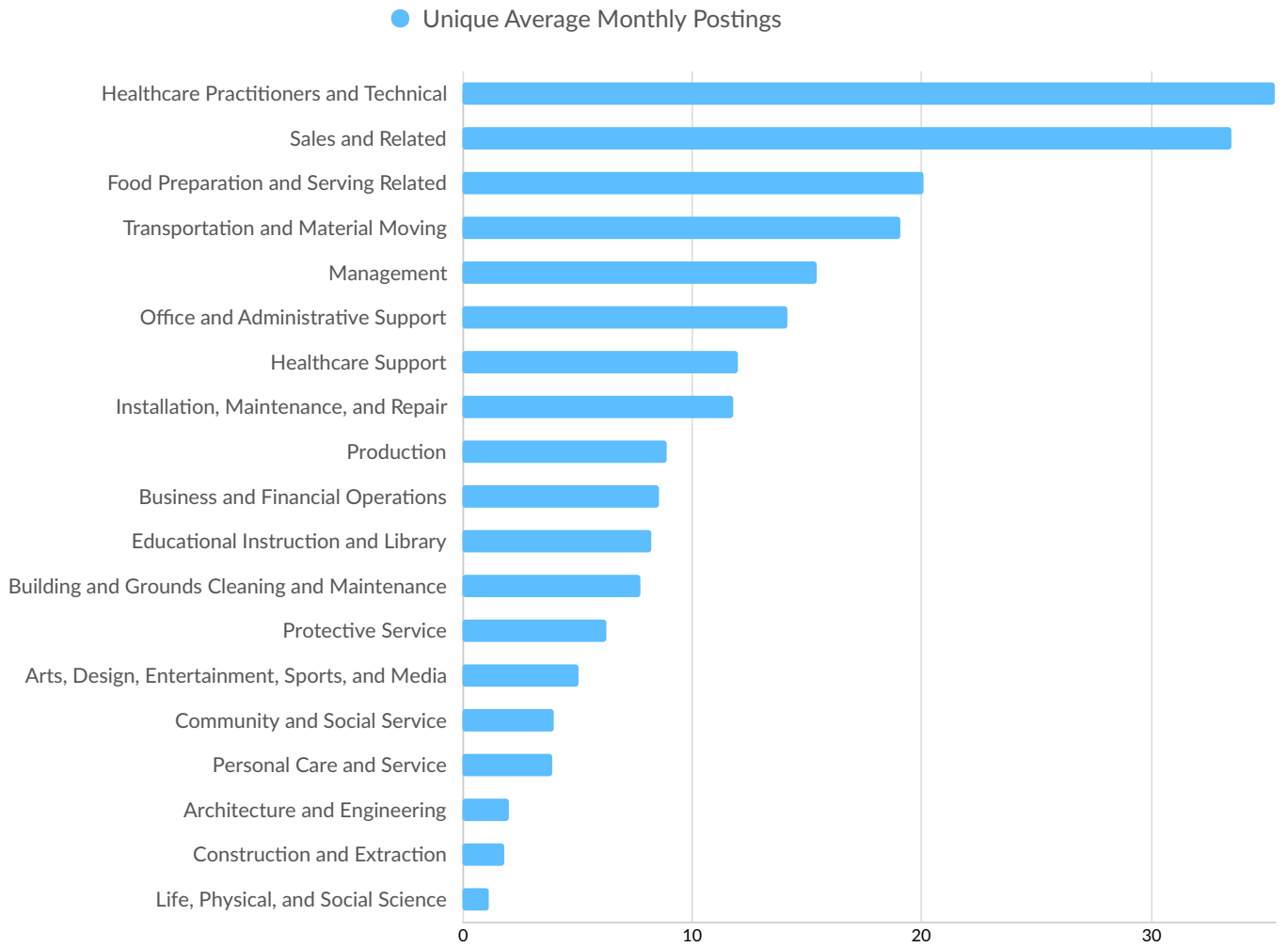
Top Occupation Employment Concentration



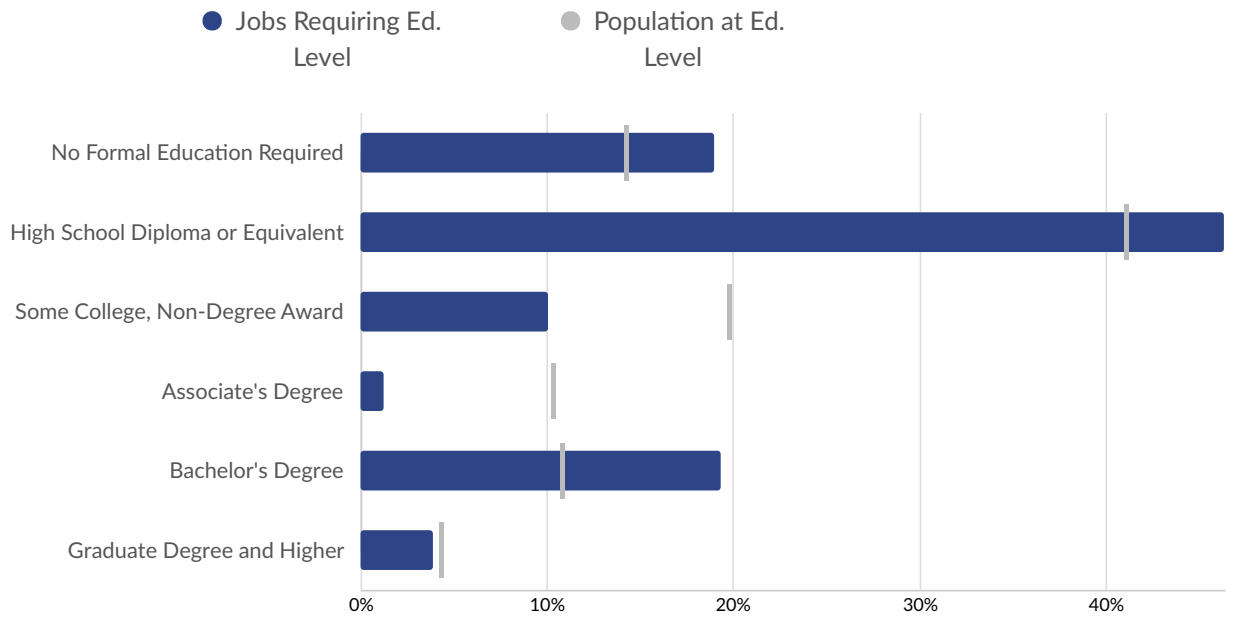
Top Occupation Earnings



Top Posted Occupations





Underemployment



Educational Pipeline

In 2024, there were 495 graduates in Le Flore County, OK. This pipeline has grown by 7% over the last 5 years. The highest share of these graduates come from "Child Care Provider/Assistant" (Certificate), "Health Services/Allied Health/Health Sciences, General" (Associate's), and "Business Administration and Management, General" (Associate's).

School	Total Graduates (2024)	Graduate Trend (2020 - 2024)
Carl Albert State College	495	
River Valley Cosmetology Institute (not current)	0	

- Certificate
- Associate's
- Bachelor's
- Master's or Higher

In-Demand Skills

